



# The Graceful Connection

**JULY 2024**



## **Latest News from the Town Village Tulsa Newsletter**

As we step into July, we're embracing the warmth of summer with delightful activities planned just for you! July is not only National Picnic Month but also celebrates Gorgeous Grandma Day on July 23rd. We can't wait to celebrate your wisdom, grace, and zest for life – so keep an eye on the calendar for more details. Let's also indulge in the joy of outdoor picnics, enjoying the fresh air and each other's company amidst the beauty of our community and local picnic hot spots! Stay tuned for details on our picnic outings and festivities planned throughout the month. A few other notable days to celebrate in July include National Ice Cream Month, Social Wellness Month, National Blueberry Month, National Ice Cream Sundae Day, International Wine and Cheese Day, and of course, Independence Day! Here's to a summer filled with sunshine, laughter, and cherished moments together!

# Grace Signature Events

# Community Updates



## JULY BIRTHDAYS

Richard King – 2nd  
 Rosemarie Lyons – 3rd  
 Kae Gardner – 7th  
 Wayne Rhea – 8th  
 Mona B. – 9th  
 Danny Harner – 10th

Karen Fritz – 13th  
 Carol Berven – 17th  
 Peggy Reynolds – 20th  
 Walter Goddard – 23rd  
 Marilyn Steen – 24th  
 Tedd Sipes – 24th

Beverly Dieker – 26th  
 David Cannon – 26th  
 Gail Reust – 28th  
 Wayne Boles – 29th

# E V E N T S

4th of July Cook-Out w/Cody, Dance to LighterSide Trio with Saxophone Player; 11:00-1:30 in the Dining Room. (music starts at 11:30)

Town Hall Meeting: Thursday, July 18th, at 2:00 pm. Meet our new Mayor, Barbara Heidler. Special Speakers to be announced.

Learn how to prevent Falls! Come to the Balance Classes with Legacy every Monday at 2:00 in the Fitness Room 2nd Floor.

Total Brain Health Workout course is your guide to building better focus, sharper thinking and improving your overall well-being. Developed by Dr. Cynthia Green.

New games starting: Knock Penny Poker w/Jim Pulliam, Chair Volleyball & Axe-Throwing w/Sarah, Dominos w/Tom & Bev, Wahoo w/Marion, Spades w/Doris.



## NEW RESIDENTS

Wyvonee Williams  
Dan & Sharon Harnar  
Sandy Merritt

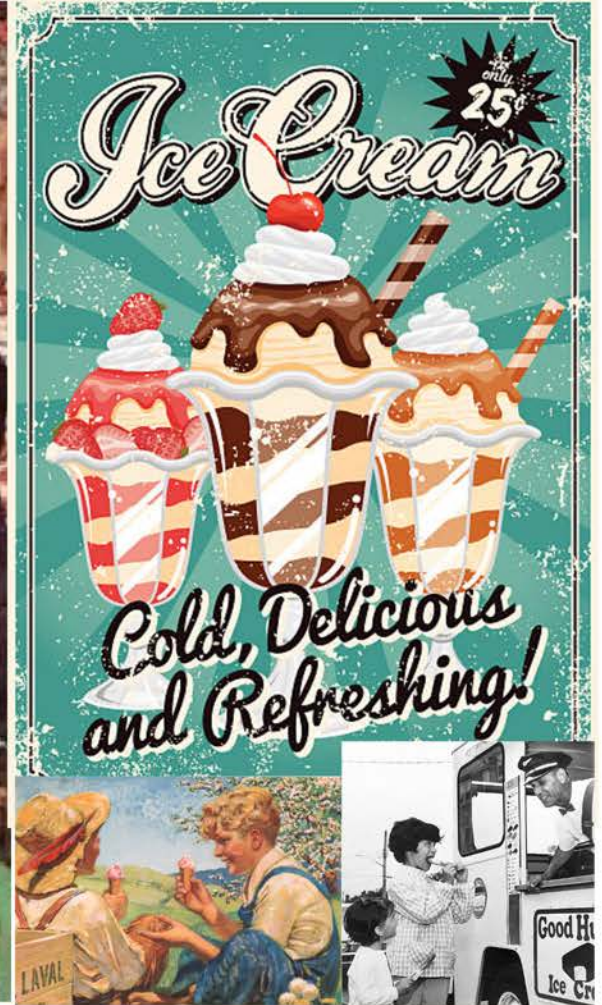
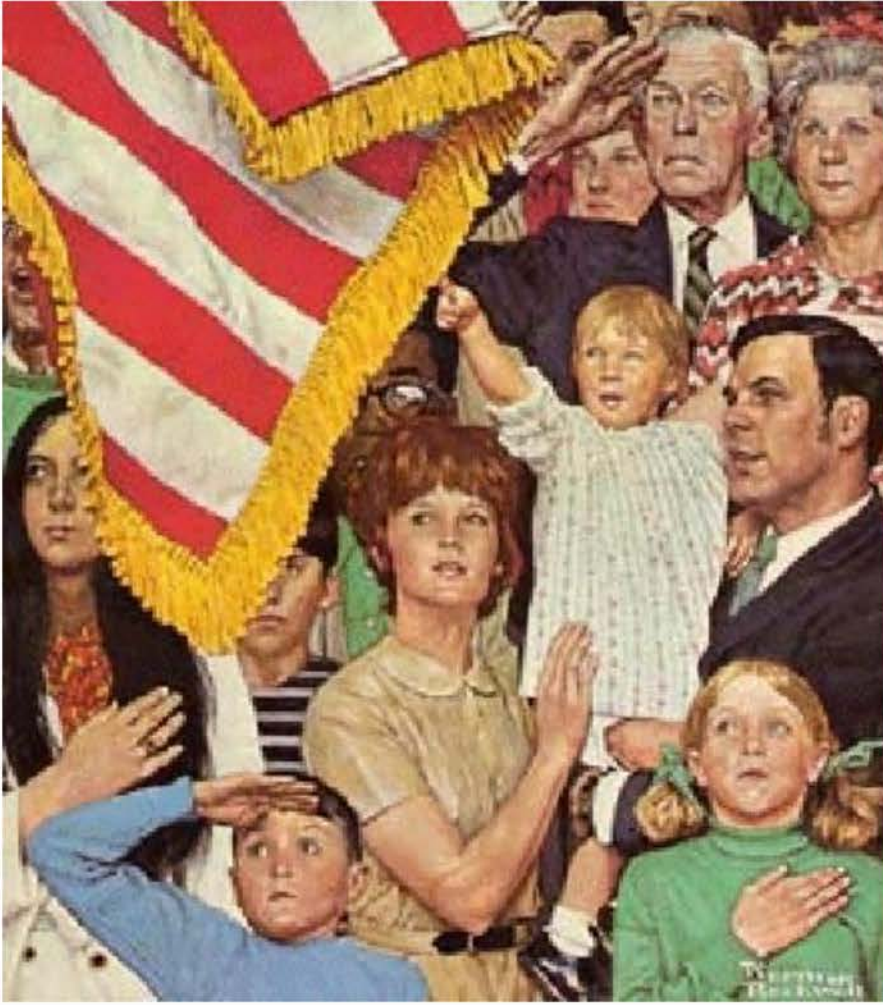
Larry & Kevin Cuzalina  
Phillip & Denny Doherty  
Ann & Harold Goodwin

Howard & Geneva Troyer  
Lisa Angleton  
Betsy Fried



TOWN VILLAGE  
TULSA  
A GRACE MGMT COMMUNITY

## Happy 4th of July & Nat'l Ice Cream Month!



## MEET OUR TEAM

Cindy Vann - Executive Director  
Marti Miley - Business Office Manager  
Cody Kreulen - Dining Services  
Director  
Jose Vega - Maintenance Director

Robin Thompson - Life Enrichment  
Director  
Sales and Marketing Director  
Keli Lamb - Sales Counselor

The Town Village Tulsa

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