

The Graceful Connection

APRIL 2024



Latest News from the Town Village Tulsa Newsletter

April is a month of fresh starts and bright beginnings as Spring has sprung! As we soak up that early sunshine, there is so much we can do this month from getting in the garden, learning about poetry and jazz, or giving back to the community. This month we have two important Featured Celebrations – National Volunteer Month and Earth Day on April 22nd. We hope to honor the volunteers who give their time and talent to us here at the community by sharing our thanks and appreciation. Similarly, we also want to renew our Graceful Giving opportunities for our residents and families to have a chance to volunteer their time and talent to worthy community-wide causes. If you have a worthy cause to share, please see your Life Enrichment Director! Earth Day is celebrated on April 22nd and has been honored for over 50 years now to remind us to care for and conserve our planet. This year's theme is Plant vs. Plastics to bring attention to the health risks of plastic pollution to our planet and us! Learn from your Life Enrichment team about how you can observe Earth Day here in the community.

Grace Signature Events

Community Updates



APRIL BIRTHDAYS

Melvina Schneider – 2nd
 Gary Hassman – 6th
 Robert Affolter– 16th
 Allison Warning – 17th
 Bettye Greene – 22nd
 Bill Reust – 22nd

Loretta Garasic – 24th
 Nancy Dominy 24th
 Kris Eccher– 28th
 Roger Haughey – 28th

E V E N T S

Total Brain Health Workout course is your guide to building better focus, sharper thinking and improving your overall well-being. Developed by Dr. Cynthia Green, a leading cognitive wellness expert and author. The course gives you training in the cutting-edge science behind what it takes to boost everyday intellectual skills, such as attention and memory. Classes are taught by Sarah, Thursdays at 3:00 in the Art Studio. Try it!

Town Hall Meeting: Thursday, April 18th, at 2:00 pm. Come and meet our new Mayor! A special Thank-You to all of our Volunteers! We couldn't do it without your help!! Bill Reust will give us an update on Wii Bowling.

Spring Fling Party with a new Bluegrass Band is Tuesday, April 23rd, 4-6pm!

Learn how to prevent Falls! Come to the Balance Classes with Legacy every Wednesday at 2:00 in the Fitness Room 2nd Floor. Join Legacy in a fun class that focuses on improving your balance skills.

Town
Village
Super
Heroes!!



NEW RESIDENTS

Michelle Gagner
Dee Gagner
Rilda Pippins

Eleanor Burke
Jim & Marilyn Pulliam
Tom Reynolds



TOWN VILLAGE
TULSA
A GRACE MGMT COMMUNITY

Spring Fling Party 4/23 4-6pm



MEET OUR TEAM

Cindy Vann - Executive Director
Marti Miley - Business Office Manager
Cody Kreulen - Dining Services
Director
Jose Vega - Maintenance Director

Robin Thompson - Life Enrichment
Director
Anthony Fleming - Sales and
Marketing Director
Keli Lamb - Sales Counselor

The Town Village Tulsa

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