

The Graceful Connection

September 2023



Latest News from the Town Village Tulsa Newsletter

September is set up to be a fun and exciting month! Our big focus this month is National Assisted Living Week, kicking off on September 10th, which is also Grandparent's Day! The theme for the week this year is Season of Reflection, so each day will have different themed seasonal programs. Keep an eye out for all of the amazing things planned in your community for this wonderful week celebrating you and the associates who serve you!

September also celebrates Intergenerational Month - which is all about finding common ground with people of different ages. Did you know that ageism is a double-edged prejudice? It can impact people both old and young adversely - so let's make a commitment this month to set aside stereotypes about being 'too young' or 'too old' and reach across the generational divide to connect with someone of a different generation. Or, be a rebel and embrace learning or doing something typically considered 'age-inappropriate' to prove ageists wrong!

Grace Signature Events

Community Updates



SEPTEMBER BIRTHDAYS

Don S. - 4th
Beverly S. - 5th
Otis J. - 9th
Kenneth "Kenny" M. - 10th

Daniel "Duane" H. - 13th
Susan F. - 13th
Angie D. - 14th
George H. - 14th

Judy D. - 16th
Clifford "Cliff" H. - 19th
William "Bill" P. - 21st
Sylvia C. - 25th

Norma E. - 26th
Roger T. - 26th
Wayne M. - 28th

EVENTS

Western Party!

Yee Haw! Robert Smith's Big Country Dance Band Performs, Thursday, September 21st, 4-6pm in the Dance Hall Saloon.

Town Hall Meeting is September 21st, at 2:00 pm.

Resident, Wayne Mouser, will perform on his harmonica.

You are invited to Balance Classes with Legacy every Wednesday at 2:00 in the Fitness Room on the 2nd floor. Legacy wants you to join them in a fun class focused on improving your balance skills. Grab a friend and come learn how to prevent falls!

Everyone is welcome!

NEWS

National Senior Living Week!

Grace Management is joining tens of thousands of senior living communities across the country to celebrate and honor senior living residents and associates. This year's theme encourages us to welcome changing seasons as well as honor past seasons of life. This is also a time to celebrate residents and associates who live and work in our communities!

Celebrate Spring-Monday, 9/11: Start the week with a season of new beginnings, new growth and hope for the future!

Celebrate Summer-Tuesday, 9/12: We can celebrate summertime and reminisce about our favorite summer pastimes!

Celebrate Autumn-Wednesday, 9/13: We are looking forward to a season of change. What are you most grateful for?

Celebrate Winter-Thursday, 9/14: It's a season of reflection & giving. Let's have a snow cone or a cup of hot chocolate!

Friday, 9/15: Grace Spirit Day! Let's have FUN today and celebrate each other by wearing something purple. Come and dance to the oldies and have refreshments from 1:00-2:00 in the Dining Room!

NEW RESIDENTS

Boyd & Sandy Hager
Jim Smith

Linda Ree
Dorothy Mallowney

Barbara Smithers





TOWN VILLAGE
TULSA
A GRACE MGMT COMMUNITY

Howdee! See Ya at the Round-Up!



MEET OUR TEAM

Cindy Vann - Executive Director
Marti Miley - Business Office Manager
Albert Lee - Dining Services Director
Robin Thompson - Life Enrichment
Director

Jose Vega - Maintenance Director
Anthony Fleming - Sales and
Marketing Director
Keli Lamb - Sales Counselor

The Town Village Tulsa

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